

Lewis and Clark County Mental Health Local Advisory Council
Intermountain Conference Room
Tuesday, April 2, 2019, 11:30 a.m.

Mission Statement: The purpose of the LAC is to assist in the improvement of Lewis and Clark County public mental health services and to review and make recommendations about Lewis and Clark County's public mental health services to the Lewis and Clark County Commissioners, as well as provide input and recommendations to the State of Montana's Mental Health Oversight Advisory Council (MHOAC) and the State of Montana's Service Area Authority (SAA) serving the community.

Minutes

1. Call to Order and Reading of the Mission Statement

Jill Steeley called the meeting to order and Bob Stewart read the LAC mission.

Members in Attendance: Jill Steeley(Chair), Matt Furlong (Vice Chair), John Wilkinson (Past Chair), Drenda Niemann, Ray Roberts, Bob Stewart, Vee Yang, Kimberly Gardner, Brian Coplin, David Roberts, Katie Jerstad, Michelle Marshal, and Jess Hegstrom.

Guests in Attendance: Jillian DeAmicis-Danesi, Dennis Nyland, Dan O'Malley, Brandy Vail, Rebecca Hargis, and Sue Noem.

Staff in Attendance: Jocelyn Olsen.

2. Approval of Meeting Minutes

The meeting minutes from March 5, 2019 were approved.

3. Healthy Together Update

Drenda Niemann provided an overview of what the Healthy Together taskforce has been able to accomplish thus far, as they just had their fourth meeting yesterday. In the beginning, Healthy Together taskforce identified behavioral health and early childhood as the top two priorities for the County. Within behavioral health, the taskforce will focus on education and awareness as well as access to care. Healthy Together has been creating the Community Health Improvement Plan (CHIP) which is currently receiving its final edits. Once the CHIP is finalized, it will be printed and dispersed throughout the community for work to commence over the next three years. The LAC has been asked to participate throughout the planning process and to help facilitate the work outlined in the plan. Ms. Niemann and Jill Steeley provided a summary of some of the activities listed in the plan that the LAC will work on.

In relation to the work initiating with CHIP, John Wilkinson provided information regarding the Stepping Up Initiative that the County's Citizen's Advisory Council has

been working on. Mr. Wilkinson explained that the Initiative's goal is to reduce the number of individuals with mental illness being incarcerated by completing a mental health screening with all individuals booked in to the detention facility.

A discussion occurred regarding the Crisis Response Team (CRT) in the community, experiences had in the hospital Emergency Room, as well as how hard the CRT has worked to meet all individuals presenting with mental health concerns. Sue Noem from St. Peter's Emergency Room explained some protocols the CRT must follow. Brandy Vail with Western Montana Mental Health explained that the Crisis Stabilization Workers at Western have been able to begin reaching out to individuals who have met with the CRT within 48 hours.

4. Quick Workgroup Reports

a. One – Effectiveness, Accessibility, Quality of Services

Workgroup One will meet tomorrow to discuss a possible pilot project with individuals who work with those experiencing crisis to reflect on what questions they are asking to prevent the crisis and what types of data should be collected.

b. Two – Community Outreach

This workgroup will also be meeting tomorrow to discuss leadership of the group and how the LAC can create more community awareness. May is Mental Health Awareness month and there are plans to have multiple events throughout this time to create awareness and provide mental health education.

The LAC will be partnering with Child Wise Montana to purchase the licensure for the film *Wrestling Ghosts*, which is about a woman's journey through childhood and becoming a mother. Child Wise already holds the licenses to show *Paper Tigers* and *Resilience*. The showing of these films is one of the events planned for May Mental Health month.

c. Three – Gaps in Services

Workgroup Three is continuing to work on the three goals of the Mayor's Challenge; crisis intervention, 2-1-1 system, and peer support. The group has been working hard to get peer support information in the 2-1-1 database and to boost the Connect system to allow service providers to reach out to individuals.

Dennis Nyland informed the LAC to watch for the HB 660 regarding mobile crisis units. Kim Gardner mentioned that SB 30 regarding Medicaid Expansion is another item to watch.

5. Updates From Other Mental Health Groups

a. Service Area Authority (SAA)

The SAA will be funding an Applied Suicide Intervention Training (ASIST) for May offered to two individuals from each county. Jess Hegstrom explained that she

will be one of the trainers and will also be running another ASIST for 15 more individuals from Lewis and Clark County. They are in search of a location for the training.

b. Mental Health Oversight Advisory Council

Commissioner Hunthausen was not present to provide an update.

c. Lewis and Clark County Suicide Prevention

Jess Hegstrom shared that they are creating a military competency certification similar to veteran's training provided by Psych Armor. This certification will include one hour of training and 15 minute modules, offered to various agencies and business throughout the county. If an organization has 50% or more of their staff trained, the overall agency will receive a military strong certification which can then be advertised.

Additionally, this group will be taking a lead in addressing the education and prevention piece of the CHIP.

d. Law Enforcement Mental Health Committee

Sue Noem shared that in the month of March, there were 130 patients presenting to the St. Peter's Emergency Room with a primary psychiatric complaint. A further breakdown of this number was provided.

6. Agency Updates and Public Comment

A multi-agency school-based clinic will be opening soon; partnership between East Helena School District, PureView, and Intermountain. The clinic will be like a "mini-Pureview", hopefully opening on May 13th on the school grounds of Prickly Pear Elementary. It will be open to the public with walk-ins accepted in the morning and appointments in the afternoon, hours Monday-Friday from 9am-6pm.

Out of the Darkness East Helena walk will be April 27th with a resource fair starting at 1pm.

The Crisis Intervention Training (CIT) was completed last week and occurs every March.

7. Next Meeting

May 7, 2019

8. Adjourn

Meeting was adjourned at 12:42pm.